

MOUNTAIN BIKER RESPONSIBILITY CODE

- ✦ Stay on marked, open trails, and have access to a map.
- ✦ Wear a helmet. Ride within your ability. Bring water.
- ✦ Ensure your bike is in working order.
- ✦ Let someone know where you are going and when you will be back. Ride in a group when possible.
- ✦ Stay in control. Slow down at intersections, stop at road crossings. You are responsible for avoiding objects and people.
- ✦ Uphill riders have the right of way.
- ✦ Stop only where you are visible to others.
- ✦ Carry in, carry out. Please do not litter.
- ✦ Respect wildlife.
- ✦ Cooperate and be kind to all.
- ✦ And always:



In case of emergency: call 911, stay with the injured person if possible.